

The Greater New York Dietetic Association PR Committee Presents:

14th Annual GNYDA Health & Wellness Conference

February 6, 2016
9:30 am - 2:45 pm
New York-Presbyterian Hospital
Weill Cornell Campus
Cayuga Room
525 E. 68th Street
New York, New York 10065



Conference Program and Overview:

9:30 am: Registration & Breakfast

10:00 am: GNYDA Welcome Address

**10:15 am: “Entrepreneurial (and Nutritional) Success with Siggi Hilmarsson,”
*Siggi Hilmarsson***

U.S. diet trends from the perspective of a Nordic immigrant; Siggi’s passion for ‘simple ingredients, not a lot of sugar;’ Building a successful brand and team culture; Taking risks – evaluating and making difficult decisions, while always doing the ethically right thing.

**11:15 am: “Nutrigenomics: Do our genes determine what we should eat?”
*Dr. Ahmed El-Sohemy, University of Toronto***

Join us to learn about the science of nutrigenomics. This session will examine the strengths and limitations of consumer genetic testing, the factors to look for when choosing a genetic test, and the role of dietitians in the interpretation of genetic test results.

12:30 pm: Break/Refreshments

**1:00 pm “Leaky Gut: what it is, what causes it, and why we should all care”
*Stephanie Dunne, MS, RD, CDN, Nutrition. QED. (Owner)***

This presentation explores increased intestinal permeability, commonly called “leaky gut”, by explaining what it is, what causes it, and why we as dietitians should be aware of it as we help our patients and clients reach optimal health.

2:30 pm: Closing Remarks, Evaluations & Networking

Registration Fee:

- \$85 GNYDA Members (includes LIDA and WRDA members)
- \$130 Non-members (includes GNYDA registration fee for 2015-2016)
- \$65 GNYDA Student Members (include LIDA and WRDA members)
- \$95 Student Non-members (includes 2015-2016 GNYDA Student Membership fee)

4.5 CPEU’s have been requested

Registration fee includes brunch and light refreshments. Registration will only be accepted with payment. GNYDA reserves the right to return registration once capacity has been reached. On-site registration (add \$20), space permitting. A portion of the registration fee will be donated to the Academy of Nutrition and Dietetics Foundation.

Please make payment online at www.gnyda.org

Written cancellation requests post-marked by January 19, 2016 will be honored in full less a \$10.00 processing fee. No refunds after 1/19/16.

For further information contact Kellie de Lacy, RD, CDN, GNYDA PR Chair: kmbartram@gmail.com
If paying by check, please make it out to GNYDA, and send your name, address, phone, and email address along with your payment to:

Kellie de Lacy
101 Washington Blvd #711
Stamford, CT 06902

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